South Central District Health

Keeping your family & community healthy 1020 Washington Street North * Twin Falls, ID 83301 208-737-5900 * www.phd5.idaho.gov

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PRESS RELEASE – For Immediate Release

Contact: Susie Beem, Diabetes Program Coordinator 737-5946

Free Foot and Eye Screenings, Nutrition Education for People with Diabetes

The Magic Valley Diabetes Coalition is offering a special "Head to Toe" opportunity in several communities for people with diabetes. Eye screenings, foot exams, and nutrition education will be offered free of charge to people with diabetes.

These "Head to Toe" clinics will take place:

- Fairfield on April 11th, 9-11 a.m.; senior center located at 129 West Willow
- Bellevue on April 11th, 1-3 p.m.; South Central District Health located at 117 East Ash Street
- Richfield on April 12th, 9-11 a.m.: senior center located at 130 South Main
- Shoshone on April 12th, 1-3 p.m.; senior center located at 218 S. Rail Street
- Hagerman on April 13th, 9-11 a.m.; senior center located at 140 E Avenue
- Buhl on April 13th, 1-3 p.m.; Family Health Services located at 725 Fair
- Jerome on April 16th, 1-4 p.m.; St. Benedict's Health Education Building located at 115 5th
 Avenue West
- Twin Falls on April 19th, 9 a.m.-Noon; South Central District Health on the CSI campus

Appointments must be made for the clinics by calling 737-5946.

The American Diabetes Association and the Idaho Diabetes Prevention and Control Program recommend that people with diabetes receive a dilated eye screening and a neurosensory foot examination at least once a year.

Please take this opportunity to receive a free eye and foot screening, along with valuable nutrition information. If you have any questions about diabetes, or to schedule an appointment, contact Susie Beem at South Central District Health. 737-5946.